



AMBULATORY SURGERY UNIT
LAB & DIAGNOSTIC TESTS



Pre-Admission Labs and Diagnostics

Pre-Surgery Diagnosis:
Scheduled Procedure:
Date of Procedure: Allergies:
Precertification #:

- No Lab Tests Required
Anesthesiology Consultation (Patients with Medical or Surgical issues)
MRSA Screen
Hgb/Hct
Urine HCG
Type and Screen
CBC without diff
Serum Pregnancy
Crossmatch # units PRBCs
CBC w/diff
Quant. HCG
Crossmatch # units autologous Blood
PT
HBsAg
Other blood products
PTT
Sickle Cell Screening
CXR
CMP
Amylase
KUB
BMP
Lipase
Other X-ray
Blood Glucose
Hepatic Panel
Ultrasound
FSBS Day of Surgery
Other Lab
12 lead ECG
Uric Acid
PFT
Urinalysis w/ Micro

Blood for pre-transfusion testing must be drawn within 48 hours of surgery. Typed and Screened blood can only be held 48 hours.

Pre-Surgery Orders OPS (Outpatient Surgery) IP (Inpatient) Unknown Length of Stay

Vital Signs: Per Protocol Other
Diet: NPO NPO after

- LR at KVO or 100ml/hr 200ml/hr ml/hr
NS at KVO or 100ml/hr 200ml/hr ml/hr
NS (500ml bag) at KVO via microdrip tubing for renal patient

Medications:

- Pre-Op Antibiotic in ASU/OR holding area
Bacterial Endocarditis Prophylaxis: Consult Pharmacy/Anesthesia
Ancef 1GM 2GM IV in OR
If PCN / B-Lactam Allergy OR Patient at Increased risk for infection
Vancomycin 1GM IV to be started within 120 minutes of incision
Cleocin 900MG IV to be started within 30 minutes of incision
Tylenol suppository by weight in ASU/OR
Other

Consult Anesthesia for post-op pain block

Yes No

(Type of block)

Preparation:

- Incentive Spirometry: Instructions/pre-admit
Thigh / Knee High TED hose
Sequential Compression Device in OR

Minimum Testing Guidelines (Anesthesia Service): These guidelines are suggested minimums. They are not replacement for medical judgment, and the patient's medical history and/or the proposed surgical procedure may indicate additional laboratory or diagnostic testing. No pre-operative laboratory testing is required for asymptomatic patients without significant medical problems who are less than 40 years of age.

ECG: Males aged 40 and above require an ECG. Females aged 50 and above require ECG

Pregnancy Test: A pregnancy test is required for all menstruating females, unless not indicated due to sterility. Serum HCG if blood is drawn for other tests, otherwise it will be a urine HCG.

Labs: CBC and BMP are required for patients age 65 and older. BMP is required for diabetic, renal and/or hypertensive patients. FSBS is required day of surgery in diabetic patients, except in patient who have a BMP done day of surgery.

Copies: A copy of a CXR and/or ECG completed in the past 6 months is sufficient in the absence of a change in the patient's health status. A copy of lab work completed in the past 30 days is sufficient in the absence of renal disease. Renal patients must have a K+ completed after their last dialysis treatment before the date of surgery.

IVF: Every patient over age 10 is required to have an IV of LR at KVO rate. Renal patients must have NS at KVO rate



Name: _____ Date of Birth: _____

ALLERGIES (DESCRIBE REACTION)	ALLERGIES (DESCRIBE REACTION)

My Primary Physician's Name is: _____

My Pharmacy Name is: _____

Bring all medicines with you to Pre-Op and Surgical appointments.**LIST ALL MEDICINES YOU ARE CURRENTLY TAKING:** Prescription and over-the-counter medications (examples: aspirin, antacids). Also include herbals (examples: ginseng, gingko). Include medications taken as needed (example: nitroglycerin).

Name of Medication	Dose	Route	How Often	Notes: Reason for Taking, etc.	Date Stopped

Signature _____



Welcome to the Pre-Admission Testing Office

Soon you will be undergoing surgery at Coffee Regional Medical Center. You and your physician have elected to have you admitted the morning of your scheduled surgery. In order for us to plan for your care, it is necessary that we meet with you before your surgery. You will be asked to report to the Ambulatory Surgery Department for pre-admission (which includes having a personal interview by a nurse, necessary lab work, x-rays and an EKG done if ordered by your physician). All arrangements will be directed from this area. We look forward to seeing you.

Welcome to the Ambulatory Surgery Department

In order that we might make your stay with us as pleasant as possible, we need to make you and your family aware of the following:

- Proper rest is important to your recovery; therefore, visitors are limited to two (2) per patient. For your safety, we ask that visitors be free of colds, flu, etc. **ONE PARENT / GUARDIAN MUST BE IN THE DEPARTMENT AT ALL TIMES FOR ALL PATIENTS UNDER 18 YEARS OF AGE.**
- Your requests are very important to us. However, once in a while a message gets lost. If your need has not been met within 15 minutes, please ask again.
- We want you to be comfortable and are happy to medicate you, but we do not do it without your request. Please let us know if you are experiencing pain or discomfort.
- **WE WILL CHECK ON YOU FREQUENTLY.** It may sometimes be necessary to awaken you so that we can monitor your status.
- This is a smoke-free hospital and smoke-free campus. **ABSOLUTELY NO SMOKING IS PERMITTED ON CRMC CAMPUS!**
- For your privacy, all the information concerning your stay at CRMC is confidential. The only information the nurses can give is a condition report (stable-guarded-critical).
- For your safety, the hospital holds frequent fire drills so that all staff will know what to do should a real fire occur. Please do not be alarmed by the sound of the fire bells or the sound of all the doors being closed. This is just a routine part of the drill.
- When discharge orders are received, we will arrange for your discharge as soon as possible. Your instructions, prescriptions and answers to any questions will be given to you by your nurse. Please remind us to return your home medications and / or valuables.
- Patients are furnished with meals, ice and beverages according to Doctor's orders. There is a cafeteria and snack bar located on the first floor for the family and visitors to use.

Cafeteria Hours: Breakfast – 07:30 a.m. – 09:30 a.m.
Lunch – 11:30 a.m. – 01:30 p.m.
Grill – 11:30 a.m. – 05:30 p.m.



CONSENT TO SURGICAL OR DIAGNOSTIC PROCEDURES



DO NOT SIGN THIS FORM WITHOUT READING AND UNDERSTANDING ITS CONTENTS

A. (1) I acknowledge and understand that the following procedures which have been described to me are to be performed on the patient:

Blank lines for listing procedures.

and that as a result of the performance of the procedures there is a material risk that the patient may suffer INFECTION, ALLERGIC REACTION, SEVERE LOSS OF BLOOD, LOSS OR LOSS OF FUNCTION OF ANY LIMB OR ORGAN, PARALYSIS OR PARTIAL PARALYSIS, PARAPLEGIA OR QUADRIPLEGIA, DISFIGURING SCAR OR BRAIN DAMAGE, CARDIAC ARREST, OR DEATH.

(2) I acknowledge and understand that during the course of the procedures described in paragraph (A), conditions may develop which may reasonable necessitate an extension of the original procedures or the performance of procedures which are unforeseen or not known to be needed at the time this consent is obtained. I therefore consent to and authorize the persons described in the last paragraph of this consent to make the decisions concerning the performance of and to perform such procedures as they may deem reasonably necessary or desirable in the exercise of their professional judgment, including those procedures that may be unforeseen or not known to be needed at the time this consent is obtained. This consent shall also extend to the treatment of all conditions which may arise during the course of such procedures including those conditions which may be unknown or unforeseen at the time this consent is obtained.

B. (1) I acknowledge and understand and duly evidence in writing by executing this form that I have been informed in general terms of the following:

- 1- A diagnosis of the condition requiring the procedures;
-2- The nature and purpose of the procedures;
-3- The material risks of the procedures (see paragraph (A) above);
-4- The likelihood of success of the procedures;
-5- The practical alternatives to such procedures; and
-6- The prognosis if the procedures are rejected;

and that such was provided through the use of video tapes, audio tapes, pamphlets, booklets, or other means of communication or through conversations with the responsible physician, or medical personnel under the supervision or control of the responsible physician, other medical personnel involved in the course of treatment, nurses, physician assistants, trained counselors, or patient educators.

C. ** (1) I acknowledge and understand that in addition to the material risks of the procedures listed in paragraph (A) above there may be other risks attendant to the performance of the procedures as there are with any surgical or diagnostic procedure.

D. ** (1) I acknowledge that there are practical alternatives to the procedures described in paragraph (A) which alternatives reasonably prudent Physicians generally recognize and accept.

E. ** (1) I acknowledge and understand that the physician, medical personnel, and other assistants will rely on the patient's statements, medical history, and other information provided by the patient in determining whether to perform the procedures or the course of treatment for the patient's condition and in recommending the procedures which have been explained

F. ** (1) I acknowledge and understand the practice of medicine is not an exact science; and I acknowledge that NO GUARANTEES HAVE BEEN MADE TO ME concerning the results of the procedures.

G. ** (1) I also consent to diagnostic studies, tests, anesthesia, x-ray examinations, and any other treatment or courses of treatment relating to the procedure described in paragraph (A) which may be prescribed or ordered.

H. ** (1) I also consent that any tissues, specimens, members, etc removed in the course of any procedure may be tested, retained, or preserved for Scientific or teaching purposes and then disposed of within the discretion of the physician, facility, or other health care provider.



CONSENT TO SURGICAL OR DIAGNOSTIC PROCEDURES

- I. ** (1) I acknowledge and understand that this request for and consent to surgical or diagnostic services shall be valid for the responsible physician, all medical personnel under the direct supervision and control of the responsible physician, and for all other medical personnel otherwise involved in the course of treatment.
- J. ** (1) **I acknowledge that some or all of the health care professionals performing services in this hospital are independent contractors and are not hospital agents or employees. Independent contractors are responsible for their own actions and the hospital shall not be liable for the acts or omissions of any such independent contractors.**

I HAVE BEEN GIVEN SUFFICIENT OPPORTUNITY TO ASK QUESTIONS AND ANY QUESTIONS I HAVE ASKED HAVE BEEN ANSWERED OR EXPLAINED IN A SATISFACTORY MANNER. *** ALL BLANKS OR STATEMENTS REQUIRING COMPLETION WERE FILLED IN AND ALL STATEMENTS I DO NOT APPROVE OF WERE STRICKEN BEFORE I SIGNED THIS FORM. I ALSO HAVE RECEIVED ADDITIONAL INFORMATION, INCLUDING BUT NOT LIMITED TO THE MATERIALS LISTED BELOW, RELATING TO THE PROCEDURES DESCRIBED HEREIN.*

BY SIGNING BELOW, I ACKNOWLEDGE I HAVE READ OR HAD IT READ OR EXPLAINED TO ME AND I UNDERSTAND THIS FORM AND I VOLUNTARILY CONSENT TO ALLOW DR. _____ OR ANY PHYSICIAN DESIGNATED OR SELECTED BY HIM OR HER AND ALL MEDICAL PERSONNEL WHICH MAY OTHERWISE BE INVOLVED IN PERFORMING SUCH PROCEDURES TO PERFORM THE PROCEDURES DESCRIBED OR OTHERWISE REFERRED TO HEREIN.

Witness Signature	Date	Time
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Signature of Patient or Other Person Authorized to Sign	Date	Time
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I HAVE DISCUSSED THE RISKS, BENEFITS AND ALTERNATIVES OF THE PROCEDURE WITH THE PATIENT.

Physician's Signature	Date	Time
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Additional materials used, if any, during informed consent process for this procedure include: _____

Person giving consent: _____



NURSING/ANESTHESIA PATIENT HISTORY QUESTIONNAIRE



SURGERY: _____ DATE OF SURGERY: _____

Height _____ Weight _____ Marital Status _____ V/S: T _____ P _____ R _____ BP _____ SpO2 _____

- 1. Please list the operations you have had in your life, including: Dates (month/year), Doctor, Hospital:
Organ Transplant? Yes No Which organ:
2. Please list any medical conditions you have or have had (high blood pressure, diabetes, heart attack, etc.)
3. Are you allergic to latex? Yes No Are you allergic to any food, medications, or other (specify what and type of reaction)?
4. Have you or anyone in your family ever had a reaction to a local or general anesthetic? Yes No
5. Have you ever been diagnosed with cancer? (specify if current or past) Yes No
6. Do you smoke? Yes No How many packs per day? For how many years?
Have you recently quit smoking? Yes No How long ago & for how long have you quit?
Do you chew tobacco / snuff? Yes No Do you use "street drugs"? Yes No
If so, explain How much beer, wine, or liquor do you drink per day?
7. Have you currently or in the past been treated for a mental / emotional condition? Yes No
8. Have you had a chest cold or chest infection in the last month? Yes No
Do you have chronic bronchitis, asthma, COPD, emphysema, or sleep apnea? Yes No
Do you take medicine for breathing or use a CPAP / BiPAP machine? Yes No
9. Have you ever been diagnosed with Tuberculosis (TB)? Yes No
Have you been exposed to Tuberculosis (TB)? Yes No
Have you ever been treated for Tuberculosis (TB)? Yes No
Have you been experiencing night sweats, coughing up blood, & a persistent cough for > 3 weeks? Yes No
10. Have you ever had trouble with your heart? (Heart attack, irregular heart beat, Mitral Valve Prolapse, Congestive Heart Failure (CHF), heart murmur, congenital defects, etc)? Yes No
Have you ever taken medications for your heart? Yes No
Do you ever have pain or pressure in your chest? Yes No
11. Have you ever had high blood pressure requiring treatment? Yes No
12. Have you ever had any liver disease (hepatitis, yellow jaundice, etc.)? Yes No
13. Have you been diagnosed with HIV / AIDS? Yes No
14. Do you take medications for heartburn, reflux, ulcers, hiatal hernia, or indigestion? Yes No
15. Have you ever had a stroke, mini-stroke, seizure, or frequent headaches? Yes No
16. Do you have any paralysis or severe numbness/weakness in your arms or legs? Yes No
Do you have a neuromuscular disease? (Parkinson's, Multiple Sclerosis, Myasthenia Gravis, etc.) Yes No
Do you have arthritis? Yes No
Are you under the care of a Rheumatologist? (Lupus, Gout, Rheumatoid Arthritis, Fibromyalgia) Yes No



NURSING/ANESTHESIA PATIENT HISTORY QUESTIONNAIRE

17. Are you limited to which arm you can have a blood pressure or needlestick? Yes No
 18. Do you have "sugar" diabetes (problems with your blood sugar)? Yes No
 19. Do you have thyroid disease? Yes No

20. Do you bleed easily or take a blood thinner? Yes No
 Have you ever had a blood transfusion? Yes No
 Have you been diagnosed with anemia, sickle cell disease or carry sickle cell trait? Yes No
 Have you ever had a blood clot? Yes No Family history of blood clots / blood clotting disorder? Yes No

21. Have you recently been treated for or currently have head lice? Yes No

- FOR WOMEN:** 22. Are you pregnant or could you be? Yes No
 Do you have menstrual cycles or had a menstrual cycle in past 6-12 months? Yes No
 Have you had a tubaligation or hysterectomy? Yes No
 Are you currently breastfeeding? Yes No

23. Do you have loose/chipped teeth? Yes No Wear dentures? (Upper/Lower) Yes No
 Wear a prosthesis? Yes No Wear glasses? Yes No Contacts? Yes No
 Blind? Yes No Cataracts/Glaucoma? Yes No Have body piercings? Yes No
 Have trouble hearing? Yes No Wear hearing aide? Yes No Deaf? Yes No

24. Are you on a special diet? Yes No If so, what kind? _____
 Difficulty swallowing? Yes No Eating disorder? Yes No
 Unplanned weight loss of 10 pounds or more? Yes No

25. Do you have any problems with your skin? (eczema, psoriasis, etc.) Rash, burns, lesions, cuts, or bruises? Yes No
 Do you have any chronic wound(s) or bed sores? Yes No
 Have you been treated for Methicillin-Resistant Staphylococcus Aureus (MRSA) or Vancomycin-Resistant Enterococci (VRE)? Yes No

26. Do you have kidney disease? (kidney failure, polycystic kidney disease, etc.) Yes No
 Do you have a history of kidney stones? Yes No
 Do you have problems urinating? (burning, leaking, incontinence, blood in urine, etc.) Yes No
 Any problems with your bowels? (constipation, diarrhea, bleeding, irritable bowel, etc.) Yes No

27. Religion _____ Any religious "do's or don'ts" regarding your treatment? Yes No

28. Do you need assistance from someone or use an assistive device? (cane, walker, etc.) Yes No
 Do you live alone? Yes No Who will assist with your care after surgery? _____
 Who will provide transportation home from your procedure? _____
 Do you receive nursing care at home? Yes No What agency? _____

29. Are you an Organ Donor? Yes No
 Do you have a Living Will or Durable Power of Attorney? Yes No Does the hospital have a copy? Yes No

30. Have you been exposed to communicable diseases (chicken pox, measles, etc.) recently? Yes No

31. Have you had a flu shot within the last year? Yes No When? _____
 Have you ever had a pneumonia vaccine? Yes No When? _____

- FOR MINORS:** 32. Are there any guardianship/custody issues? Yes No
 33. Are his/her immunizations (shots) up-to-date? Yes No

34. Are you currently in pain or having discomfort? Yes No Where: _____
 What level is the pain? (Circle One) No Pain 0 1 2 3 4 5 6 7 8 9 10 Severe Pain

Patient Signature: _____ Date: _____

Nurse Signature: _____ Date/Time: _____

Pre and Post Op Teaching Given Yes No Patient/guardian/spouse/other verbalizes understanding? Yes No



OUTPATIENT
OBSERVATION / SURGERY



1 HPRPT

Patient Name: _____

Chief Complaint: _____

MEDICAL HISTORY

Present Illness: _____	REVIEW OF SYSTEMS
	SKIN: _____
	HEENT: _____
Past History: _____	RESP: _____
Family History: _____	CV: _____
Psychosocial: _____	GI: _____
Immunizations: _____	MS: _____
Current Meds: _____	GU: _____
	GYN: _____
Allergies: _____	NEURO: _____
	PSYCH: _____

PHYSICAL EXAM Vital Signs: BP _____ Pulse _____ Resp. _____ Temp. _____

Skin: _____ Abdomen: _____

Head/ Neck: _____ GU: _____

Chest: _____ MS: _____

Heart: _____ Neuro: _____

Lungs: _____

Admitting DX: _____

Treatment Plan: _____

PHYSICIAN SIGNATURE

DATE

TIME

DISCHARGE SUMMARY

Diagnostics: _____

Procedures/ Rx: _____

Discharge DX: _____

D/C Status: _____

Instructions: _____

Activity: _____ Diet: _____

Meds: _____

Follow-up: _____

PHYSICIAN SIGNATURE

DATE

TIME



NURSING / ANESTHESIA
CRMC Sleep Screening Questionnaire



SURGERY: _____ **DATE OF SURGERY:** _____

PLEASE COMPLETE THE QUESTIONNAIRE TO THE BEST OF YOUR ABILITY. IT WILL BE REVIEWED BY A NURSE AND ANESTHESIA PROVIDER PRIOR TO YOUR SURGERY. THE INFORMATION YOU PROVIDE IS CONFIDENTIAL.

1. **SNORING:**
Do you *snore* loudly (louder than talking or loud enough to be heard through closed doors)?
Yes No
2. **TIRED**
Do you often feel *tired*, fatigued or sleepy during daytime?
Yes No
3. **OBSERVED**
Has anyone *observed* you stopping breathing during your sleep?
Yes No
4. **BLOOD PRESSURE**
Do you have or are you being treated for high blood *pressure*?
Yes No
5. **BMI –**
BMI more than 28?
Yes No **BMI Score** _____
6. **Age**
Age over 50 years old?
Yes No
7. **NECK CIRCUMFERENCE**
Neck circumference greater than 17 inches for male, 16 inches for female?
Yes No
8. **GENDER**
Gender –male?
Yes No

SCORE: _____ (Score is number of Yes responses)

- HIGH RISK OF OSA – “YES” TO SIX (6) OR MORE ITEMS–**
Refer patient to their preferred sleep lab for further study/treatment prior to surgery
- LOW RISK OF OSA – “YES” TO LESS THAN SIX (6) ITEMS**
- I understand that I am high risk for OSA but refuse further sleep testing and understand that admission after surgery may be necessary.

Patient signature

Date/Time



PRE-SURGICAL CASE REQUEST

CALL TO SCHEDULE CASE AT EXT 6919



1 SCR

Fax Medical Clearance, Orders, Medication List and Case Request to OR @ 383-5632 and Registration @ 389-2165

Form with fields: DATE, PATIENT NAME, Surgeon, DOB, SOCIAL SECURITY #, SEX, PRIMARY CARE PHYSICIAN, PATIENT PHONE #, PREADMIT DATE, PREADMIT TIME, SURGERY DATE, SURGERY TIME, SURGERY DURATION

PATIENT HISTORY (ABNORMAL FINDINGS MAY INDICATE NEED FOR MEDICAL/CARDIAC CLEARANCE)

Table with 4 columns: HISTORY OF, checkboxes, MEDICATIONS, checkboxes. Rows include High Blood Pressure, Heart Attack/Murmur, Stroke, Diabetes, Asthma/Emphysema, Sleep Apnea, Recent Hospitalization.

PERIOPERATIVE RISK ASSESSMENT (COMPLETE PRIOR TO PREADMISSION TESTING APPOINTMENT)

Form with fields: DATE CLEARED, PHYSICIAN, HEIGHT, WEIGHT, BLOOD PRESSURE, LMP, DUE DATE, ALLERGIES

CLINICAL INFORMATION

Form with 5 numbered sections: 1. PATIENT TYPE, STATUS, URGENT JUSTIFICATION; 2. DIAGNOSIS CODES, SURGERY AND TESTING, DIAGNOSIS DESCRIPTION; 3. PROCEDURE CODES, PROCEDURE DESCRIPTION; 4. NERVE BLOCK options; 5. SPECIAL EQUIPMENT INSTRUCTIONS, ADDITIONAL SPECIAL INSTRUCTIONS.

INSURANCE CLEARANCE (Fax Ins cards, authorizations, referrals to 389-2165) - LIST primary and secondary plans

Form with fields: INSURANCE, POLICY NUMBER, INSURANCE STATUS CHECK, PRECERT STATUS, AUTH/REF #, UNITS. Includes checkboxes for insurance status and pre-certification.

EFFECTIVE FOR DOS 10/1/2015, ONLY ICD 10 CODES WILL BE ACCEPTED.